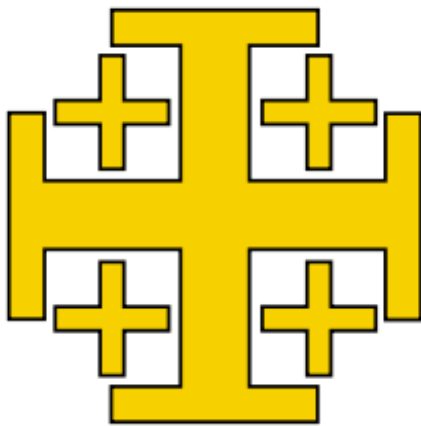


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*Liberal Catholic Church Eastern Rite Typika*

*Ancient Orthodox-Catholic Assembly*



**Edition 2024  
Titular See of Zeirath**

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## **Liberal Catholic Eastern Rite Typika**

Words to be said are in this style:

All: say these words.

*Instructions are in italics.*

*The Leader and servers process into the church.*

### **The Great Collect**

Leader: Blessed is the Kingdom of God the Creator, (+) of the Redeemer, and the Sanctifier, now and forever.

All: Amen.

Leader: In peace, let us pray to God Almighty, Kyrie eleison.

All: Kyrie eleison.

Leader: For this Holy Temple and for all who enter, Christe eleison.

All: Christe eleison.

Leader: For the peace of the whole world; for the good estate of the Holy Church, and for the unity of the faithful, Kyrie eleison.

All: Kyrie eleison.

Leader: Calling to mind our LADY, all Holy, immaculate and ever- blessed Virgin Mary, with all the saints, let us commend ourselves, and one another, and all our lives to the fruit of Her womb, Jesus Christ.

All: Praise be to you, O Christ.

Leader: For unto You do we ascribe all glory, honour and worship; to God the Creator, the Redeemer (+) and the Sanctifier, both now and forever.

All: Amen.

Leader: You who have granted us to pray together in harmony, and Who promised that when two or three are gathered together to call upon Your Name, You will give us what we ask; grant us what we seek, so far as is good, granting us in this world the knowledge of Your truth, and in the world to come eternal life. To You do we ascribe all glory, honour and worship, God the Creator, (+) the Redeemer, and the Sanctifier, both now and forever.

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All: Amen.

**Psalm 102 (103)**

*Recited by the Leader from any agreed upon translation.*

BLESS THE LORD, O my Soul. May all that is in me bless His holy Name. Bless the LORD, O my Soul, and forget not all the gifts from Him,

Who pardons all your sins and heals all your diseases; Who ransoms your life from corruption and crowns you with love and mercies;

Who fills your longing with what is good, and your youth is renewed like the eagle's. The LORD performs deeds of kindness and vindication for all the oppressed.

He has made known His ways to Moses, and His will to Israel's children. The LORD is the One of compassion and pity, long-sufferance and manifold love.

His contention is not forever, nor shall His anger always last. He deals not with us as our sins demand, nor does He repay our evil deeds.

For as high as the heavens stand over the earth, so high does the LORD's mercy extend for those who fear Him. As far as the East stands away from the West, so far has He put our sins from us.

As kind as a father is to his children, so kind is the LORD for those who fear Him. For He Himself knows well how we were formed: He remembers we are only dust!

A man! His days resemble grass: as a flower of the field, so shall he bloom, but let a breeze pass over him and he is gone, and never shall he know his place again.

But the mercy of the LORD is from all eternity and to all eternity for those who fear Him, and his justice is upon the children of children of those who keep His covenant and remember His laws to obey them.

The LORD has established His throne in Heaven: over all things His kingship is supreme. Bless the LORD, all You His Angels, You Strong and Mighty Ones who obey His word on hearing the sound of His decrees.

Bless the LORD, all You His Powers, His Attendants who obey His will. Bless the LORD, all You His Works, in every place of His dominion.

Bless the LORD, O my Soul.

All: Glory be to the ( + ) Father and to the Son and to the Holy Spirit.  
Now and always and forever and ever. Amen.

**Psalm 145 (146)**

*Recited by the Leader from any agreed upon translation.*

PRAISE THE LORD, O my Soul! I will praise the LORD as long as I live: I will sing to my God as long as I last.

Trust not in princes, nor in the sons of men in whom there is no salvation. His breath shall be spent, and he shall return to the earth; on that day shall perish all the things that he planned.

Happy the man whose help is the God of Jacob, whose hope is in the LORD his God: the One who made Heaven and earth, the sea and all things therein.

Who keeps the truth forever, rendering judgment for the oppressed, and giving food to the hungry.

The LORD releases the captives; the LORD gives wisdom to the blind. The LORD lifts up those who have fallen; the LORD loves the upright.

The LORD protects the strangers, and He will support the orphan and the widow, but the way of the wicked He will utterly destroy. The LORD will reign forever, your God, O Sion, from generation to generation!

All:            Glory be to the ( + ) Father and to the Son and to the Holy Spirit.  
                    Now and always and forever and ever. Amen.

**The Beatitudes ( Luke 6 )**

All:            Remember us, O LORD, when you enter into your kingdom.

Leader:        Then He lifted up His eyes toward His disciples, and said:

Blessed are you poor, For yours is the kingdom of God.

Blessed are you who hunger now, For you shall be filled.

Blessed are you who weep now, For you shall laugh.

Blessed are you when men hate you, And when they exclude you, And revile you, and cast out your name as evil, For the Son of Man's sake.

Rejoice in that day and leap for joy! For indeed your reward is great in heaven, For in like manner their fathers did to the prophets.

All:            Glory be to the ( + ) Father and to the Son and to the Holy Spirit.

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Now and always and forever and ever. Amen.

Remember us, LORD, when you enter into your kingdom.

Remember us, O Master, when you enter into your kingdom.

Remember us, Holy One, when you enter into your kingdom.

### **The Antiphon**

Leader: It is good to give thanks to our God, the Creator of heaven and earth:

All: Through the intercessions of Our LADY Mary, hear our prayer;

Leader: To show us Your loving kindness in the morning, and Your truth throughout the night:

All: Through the intercessions of Our LADY Mary, hear our prayer;

Leader: To proclaim that God Almighty is great! To sing Your praises for ever:

All: Through the intercessions of Our LADY Mary, hear our prayer.

### **The Collects**

Leader: Only begotten Son and Word of God, who is immortal, Who was incarnate of the Holy LADY Mary, and was made man; was crucified and ascended to heaven, who reigns with the unity of God our Creator and the Sanctifier; preserve us.

All: Amen.

Leader: O Protector of Christians, our LADY and our boast unashamed; mediator unwearied in prayer at the foot of the Throne of God; hear our voices raised in praise and prayer. Holy Mother, intercede for us your children, for Your protection never fails those that honour You.

All: Amen.

Leader: And holy are You O God, our heavenly Creator and to You we ascribe all honour and glory through Jesus Christ.

All: Amen.

### **The Trisagion**

All: Holy are You O God; reveal Your wisdom in us. Holy are You O God; pour down your strength upon us. Holy are you O Immortal one; unveil Your beauty to us.

### **The Prayer of the Faithful**

Leader: Let us say with all our soul, and with all our mind: God hear our prayer.

All: God, hear our prayer.

Leader: We pray for ( Name ), our presiding Bishop, and for all bishops, priests, deacons, minor orders, and for all our brothers and sisters in Christ.

All: God, hear our prayer.

Leader: We pray for ( Name ) our Monarch (or name of President etc), and for all put under them them by elected or appointed authority.

All: God, hear our prayer.

Leader: We pray for those who are in trouble, sorrow, need, sickness or any other adversity.

All: God, hear our prayer.

Leader: We pray for those who have departed this life, that they may ever enjoy your Presence.

All: God, hear our prayer.

Leader: We pray for those your servants that serve at your Altar, and they that do the work of your Holy Church.

All: God, hear our prayer.

Leader: That being ever protected by Your power, we may render glory to You; to God the Creator, (+) the Redeemer, and the Sanctifier, both now and for ever.

All: Amen.

### **The Scripture Readings**

Leader: Let every breath praise the LORD! Praise God in the sanctuary! Praise God in the mighty firmament! Let every breath praise the LORD!

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*The Sunday Prokeimena, adapted and spoken, may be recited before the Epistle. ( Page 9 )*

*The Daily Prokeimenon, adapted and spoken, may be recited before the Epistle. ( Page 10 )*

*After the Gospel, the Creed:*

### **The Creed**

All: We place our trust in God, the holy and all glorious Trinity, which dwells in the spirit of human kind. We place our trust in Jesus Christ the first among many, who leads us to the glory of God Almighty, and is the Way, the Truth and the Life. We place our trust in the Law of Good which rules the world; we strive towards the ancient narrow path that leads to life eternal; we know that we serve God best when best we serve our fellow brothers and sisters. So MAY God's blessing rest on us (+) and peace for ever more. Amen.

### **The LORD'S Prayer**

All: Almighty God, who art in heaven, holy is Your name, Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. For Yours is the Kingdom the power and the glory for ever and ever. Amen.

*The Troparia and Kontakia may be recited ( Page 12 ). The communion may be recited (Page 15).*

### **Psalm 33 ( 34 )**

*Recited by the Leader from any agreed upon translation.*

I WILL bless the LORD at all times; His praise shall be ever on my lips. My soul shall glory in the LORD; the humble shall hear and be glad.

Glorify the LORD with me; let us together exalt His Name. I sought the LORD, and He answered me and delivered me from all my fears.

Look to Him and be radiant, and your faces shall never be shamed. This poor man cried out, and the LORD heard him, and saved him from all his distress.

The Angel of the LORD encamps around those who fear Him, to rescue them. Taste and see how good the LORD is; blessed is the man who hopes in Him.

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Fear the LORD, all You, His holy Ones, for they lack nothing who fear Him. The rich grow poor and hungry; but those who seek the LORD lack no blessing.

Come, children, hear me, that I may teach you the fear of the LORD. Who are they who long for life, and many days, to enjoy prosperity?

Keep your tongue from evil and your lips from speaking deceit; turn away from evil, and do good; seek peace, and pursue it.

The eyes of the LORD are turned to the just, and His ears to their prayer; but the LORD sets His face against the wicked, to erase their memory from the earth.

The just cried out, and the LORD heard them, and rescued them from all their distress. The LORD is close to the broken-hearted; and the contrite in spirit He will save.

Many are the trials of the just, but from them all the LORD will deliver them; He keeps guard over all their bones; not one of their bones shall be broken.

Evil brings death to the wicked, and those who hate what is right will be condemned. But the LORD redeems the souls of His servants. Those who hope in Him shall not be condemned.

All:            Glory be to the ( + ) Father and to the Son and to the Holy Spirit.  
                    Now and always and forever and ever. Amen.

### **The Final Blessing**

Leader:        MAY Christ our Saviour and Redeemer, through the intercession of His holy and all glorious Mother bless us and keep us. And MAY the Blessing of God the Creator, ( + ) Jesus Christ the Redeemer, and the Holy Spirit our Sanctifier, be among us and remain with us always.

All:            Amen.



## The Sunday Prokeimena

( Adapted to be spoken and inclusive in one reading. )

- Leader: Let thy mercy be upon us, O LORD, as we have set our hope on thee.
- All: Rejoice in the LORD, ye righteous; praise becometh the upright.
- Leader: My might and my song is the LORD, and He is become my salvation.
- All: The LORD hath sorely chastened me; but He hath not given me over unto death.
- Leader: Sing psalms unto our God, sing psalms; sing psalms unto our King, sing psalms.
- All: All ye nations, clap your hands; shout unto God with a joyful voice.
- Leader: How great are thy works become, O LORD; in wisdom hast thou made them all.
- All: Bless the LORD, O my soul; O LORD my God, thou art become exceeding great.
- Leader: Thou, O LORD, shalt keep us and guard us from this generation and forevermore.
- All: Save me, O LORD, for there is not one holy man left.
- Leader: Save, O LORD, thy people; and bless thine inheritance.
- All: To thee, O LORD, have I cried; O my God, keep thou not silent toward me.
- Leader: The LORD will give strength to His people; the LORD will bless His people with peace.
- All: Bring unto the LORD, ye sons of God, bring young rams unto the LORD.
- Leader: Pray ye, and render unto the LORD our God.
- All: In Judea is God known; in Israel great is His name.

### **The Daily Prokeimenon**

#### **FOR MONDAY**

Leader: He makes his angels spirits, and his ministers a flame of fire!

All: Bless the LORD, O my soul! O LORD my God, you are very great!

#### **FOR TUESDAY**

Leader: The righteous shall rejoice in the LORD, and shall hope in him.

All: Hear my voice, O God, when I pray to you.

#### **FOR WEDNESDAY**

Leader: My soul magnifies the LORD, and my spirit rejoices in God my savior.

All: For he has regarded the lowly estate of his handmaiden; for behold, henceforth, all generations shall call be blessed.

#### **FOR THURSDAY**

Leader: Their proclamation has gone out into all the earth and their words to the end of the universe!

All: The heavens are telling the glory of God, and the firmament proclaims his handiwork!

#### **FOR FRIDAY**

Leader: Extol the LORD, our God; worship at his footstool, for it is holy.

All: The LORD reigns; let the peoples tremble!

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**FOR SATURDAY**

Leader: Be glad in the LORD and rejoice, O, you righteous!

All: Blessed are they whose transgressions are forgiven, whose sins are covered.

<http://www.liturgies.net/Prayers/Orthodox/>

## **Troparia and Kontakia**

### **DAILY**

Troparion: Rejoice, O Virgin Theotokos, Mary, full of grace, the LORD is with you. You are most blessed among all women. And blessed is the fruit of your womb. For you have borne the Savior of our souls!

### **FOR SUNDAY**

*Commemoration of the Resurrection.*

Troparion: Let the Heavens rejoice and let the earth be glad, for the LORD has done a mighty act with His arm. He has trampled death by death and become the First-born of the dead, He has delivered us from the depths of hell, and has granted the world His great mercy.

Kontakion: Thou didst rise today from the grave, O Merciful One, and hast led us out of the gates of death. Today Adam dances for joy and Eve rejoices, and with them the Prophets and Patriarchs unceasingly sing of the divine triumph of Thy power.

### **FOR MONDAY**

*Commemoration of the Holy Angels.*

Troparion: Supreme Leaders of the Heavenly Hosts, we implore you that by your prayers you will encircle us, unworthy as we are, with the protection of the wings of your immaterial glory, and guard us who fall down before you and fervently cry: Deliver us from dangers, for you are the commanders of the Powers above.

Kontakion: Supreme Leaders of God's armies and ministers of the divine glory, princes of the bodiless Angels and guides of men, ask what is good for us and great mercy, as Supreme Leaders of the Bodiless Hosts.

### **FOR TUESDAY**

*Commemoration of St. John the Baptist.*

Troparion: The memory of the just is celebrated with hymns of praise, but the LORD's testimony is enough for thee, O Forerunner, for thou wast shown to be more wonderful than the Prophets since thou wast granted to baptize in the running waters Him Whom thou didst proclaim. Then having endured great suffering for the Truth, thou didst rejoice to bring, even to those in hell, the good tidings that God Who had appeared in the flesh takes away the sin of the world and grants us the great mercy.

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Kontakion: O Prophet of God and Forerunner of Grace, having obtained thy head from the earth as a most sacred rose, we are always receiving healings; for still as of old in the world thou preachest repentance.

### **FOR WEDNESDAY AND FOR FRIDAY**

*Commemoration of the Cross and Passion of our LORD Jesus Christ.*

Troparion: O LORD, save Thy people and bless Thine inheritance. Grant victory over their enemies to Orthodox Christians, and protect Thy people with Thy Cross.

Kontakion: O Christ our God, Who wast voluntarily lifted up on the Cross, grant Thy mercies to Thy new people named after Thee. Gladden with Thy power Orthodox Christians and give them victory over their enemies. May they have as an ally that invincible trophy, Thy weapon of peace.

### **FOR THURSDAY**

*Commemoration of the Holy Apostles and St. Nicholas.*

Troparion: Holy Apostles, intercede with our merciful God, that He may grant to our souls the forgiveness of our sins.

Kontakion: Thou hast taken the firm and divinely inspired Preachers, O LORD, the top Apostles, for the enjoyment of Thy blessings and for repose. For Thou hast accepted their labours and death as above every burnt offering, O Thou Who alone knowest the secrets of our hearts.

### **FOR SATURDAY**

*Commemoration of the Faithful Departed.*

Troparion for the Faithful Departed: Remember the souls of Thy servants, O LORD, for Thou art good, and insofar as they sinned in this life, forgive them; for no one is sinless but Thee, Who canst also give rest to the departed.

Kontakion for the Faithful Departed: With the Saints, give rest, O Christ, to the souls of Thy servants, where there is no pain, no sorrow, no sighing, but life everlasting.

**Document History**

Numb.	DDMMYYYY	Description
001	13/10/2024	Redacted from the LCC Eastern Rite Mass, deleting the Eucharist portion. Using Melkite, Russian, and Ukrainian sources, added the following: Psalms 33, 102, and 145; and the Beatitudes. Placement of the kontakia, prokeimena, and troparia are loosely based on the Holy Trinity Monastery "Horologion".
002	23/01/2025	Markan and Didache informal communion added.

## Informal Communion Compiled from the Gospel of Mark (Ch 14) and the Didache

Let us lift up our hearts.

All: We lift them up unto the LORD.

Let us give thanks unto the LORD .

All: It is meet and right so to do.

### ***The Leader continues:***

O THOU who art, LORD God, Father Almighty, adorable; it is meet and right, and due to the majesty of thy holiness, that we should praise thee, bless thee, worship thee, give thanks unto thee, glorify thee, the only true God; and offer unto thee, with contrite hearts and a spirit of humility, this our reasonable service.

Having received ordinances of salvation from thy son Jesus, he also left to us memorials of his saving sufferings in this rite which we are now about to celebrate according to his commands.

**12 It was the first day of the Festival of Thin Bread, and the Passover lambs were being killed. Jesus' disciples asked him, "Where do you want us to prepare the Passover meal?"**

**13 Jesus said to two of the disciples, "Go into the city, where you will meet a man carrying a jar of water. Follow him,**

**14 and when he goes into a house, say to the owner, 'Our teacher wants to know if you have a room where he can eat the Passover meal with his disciples.'**

**15 The owner will take you upstairs and show you a large room furnished and ready for you to use. Prepare the meal there."**

**16 The two disciples went into the city and found everything just as Jesus had told them. So they prepared the Passover meal.**

**22 During the meal Jesus took some bread in his hands. He blessed the bread and broke it. Then he gave it to his disciples and said, Take this. It is my body."**

**All: We thank you, our Father, for the life and knowledge which you have revealed through Jesus, your Son. To you be glory forever.**

**As this piece of bread was scattered over the hills and then was brought together and made one, so let your Church be brought together from the ends of the earth into your Kingdom. For yours is the glory and the power through Jesus Christ forever.**

*( Juice or wine may be poured into the chalice, if not already. )*

23 Jesus picked up a cup of wine and gave thanks to God. He gave it to his disciples, and they all drank some.

24 Then he said, "This is my blood, which is poured out for many people, and with it God makes his agreement.

25 From now on I will not drink any wine, until I drink new wine in God's kingdom."

26 Then they sang a hymn and went out to the Mount of Olives.

**All:** We thank you, our Father, for the holy vine of David, your servant, which you have revealed through Jesus, your Son. To you be glory forever.

Let us proclaim the Mystery of Faith.

All: Christ has died.  
Christ has risen.  
Christ will come again.

*[ Advent through Maundy Thursday, the following shall be used.*

All. When we eat this Bread  
And drink this Cup,  
We proclaim Your death,  
LORD Jesus,  
Until You come in glory. ]

Holy things to those that are holy!

( + ) R/. God, be merciful  
to me, a sinner!

The Bread of Communion, broken and shared for us.

R/. Blessed be God!

The Wine of Communion, poured out and shared for us.

R/. Blessed be God!

***The Communion is shared with each congregant.***

**We thank you, holy Father, for your sacred name which you have lodged in our hearts, and for the knowledge and faith and immortality which you have revealed through Jesus, your Son.**

**All:** To you be glory forever.



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**Almighty Master, you have created everything for the sake of your name, and have given people food and drink to enjoy that they may thank you. But to us you have given spiritual food and drink and eternal life through Jesus, your Son. Above all, we thank you that you are mighty.**

**All: To you be glory forever.**

**Remember, LORD, your Church, to save it from all evil and to make it perfect by your love. Make it holy, and gather it together from the four winds into your Kingdom which you have made ready for it.**

**All: For yours is the power and the glory forever.**

**Let grace come and let this world pass away. Hosanna to the God of David! If anyone is holy, let them come. If not, let them repent.**

**All: Our LORD, come!**

***The Leader may recite the added Marian Supplication:***

O most Blessed Mary, the light of our darkened souls, our hope, our protection, our refuge, our rest, and our joy: We thank You, for having permitted us to partake of the communion established by Your Son. Give the light of understanding to the eyes of our hearts, You that gave birth to the True Light. Enliven us who are deadened by sin, You that gave birth to the Fountain of Immortality. Have mercy on us, O loving Mother of the merciful God. Grant us compunction and contrition of heart, humility in our thoughts, and a release from the slavery of our own unreasonableness. And enable us, even to the last breath, to receive healing of our souls and bodies. Grant us repentance and confession, that we may glorify You all the days of our lives, for You are blessed and greatly glorified forever.

All: Amen.

***This last sentence should be said in the multiple languages of those gathered:***

All: We are worthy. All are worthy. Christ is with us.

***Return to the Typika service.***