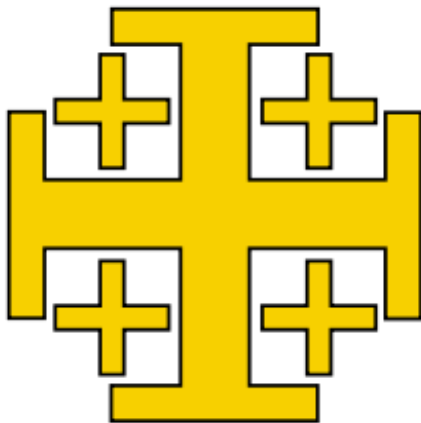


Eastern Rite Simplified Divine Office
With Typika and Informal Communion
For Minor Ordinands and Laity



Edition 2025
Ancient Orthodox-Catholic Assembly
Titular See of Zeirath

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FOREWORD

These simplified services may be performed by those in Minor Orders or Laity. They cannot supersede any service formally written and formally authorized by the OCAC. Although they have been patterned after the existing Prime, Vespers, and Compline services, stylized Eastern Orthodox responses have been added.

They have been compiled for instances where the Minor OCAC clergy or Laity are alone, or have a very small congregation, no or minimal financial resources, no sacred space nor chapel for public worship, and no altarware or sanctuary items. Recorded music is encouraged.

These are expected to be merely a suggested framework from which clergy and congregations can expand their free worship. The CEV psalms have been included so this document could be easily printed and bound in one volume; another translation may certainly be used and the pages simply not printed. In addition, festal celebrations besides Christmas, Palm Sunday, and Easter may be incorporated.

The Typika is derived from the LCC Eastern Rite Mass and has incorporated Antiochian, Russian, and Melkite (Uniate) structures.

An Informal Communion continues the concept as developed by the OCAC but uses the Gospel of Mark and the ancient text of the Didache Eucharist prayer. There are no rubrics for consecrating the elements, as this is only a memorial of the Last Supper; Minor Ordinands and the Laity are free to celebrate this rite.

Clergy that have incardinated from other Eastern churches – especially those from the Chaldean, Coptic, Melkite, Russian, or Syriac – may use their previous services.

Deacon Marti Martinson, CHA OSP
OCAC St. Adalbert Home Oratory
West Orange, Texas USA
12 July 2025

1. INTROIT

In the Name of the (+) Father, and of the Son, and of the Holy Spirit. May the words of our mouths and the meditations of our hearts be acceptable in Your sight, O God, our Rock and our Redeemer. Amen.

Through the prayers of our Holy Mothers and Fathers, LORD Jesus Christ, have mercy on us and save us. Amen.

Outside of the Bright Season:

*Come, let us worship God our King.
Come, let us worship Christ, our King and our God.
Come, let us worship Christ Himself, our King and our God.*

During the Bright Season:

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (THRICE)

2. LCC CONFITEOR

O LORD, You created us to be immortal and made us to be an image of Your own eternity; yet often we forget the glory of our heritage and wander from the path which leads to righteousness. But You, O LORD, made us for Yourself and our hearts are ever restless till they find their rest in You. Look with the eyes of Your love upon our manifold imperfections and pardon all our shortcomings, that we may be filled with the brightness of the everlasting light and become the unspotted mirror of Your power and the image of Your goodness; through Christ our LORD. Amen.

3. ABSOLUTION

Before the wonders of life, O God, we acknowledge our failures to see and to revere. Before the sanctities of life we are ashamed of our disrespects and indignities. Before the gifts of life we own that we have made choices of lesser goods, and here today seek the gifts of the Spirit. Before the heroisms of life may we be enlarged to new devotions. Amen.

May the LORD bless us and (+) absolve us from our sins; and may His peace rest upon us this day and evermore.

4. SELECTED PRAYER : AND PAGE 12

4a. Matins / Lauds

O LORD, we beseech You, let now Your ear be attentive to the prayers of Your servants, who desire to fear Your name: and prosper, we pray You, Your servants this day, and grant us mercy. Amen.

4b. Prime

LORD, as we feel Your presence, may we embrace Your will for us. And, LORD, as You send us away from Your house, may we be filled with Your Spirit, to share with those that we live and work with. In Christ our LORD, Amen.

4c. Terce

Send forth the light of the Holy Spirit on us, LORD God, almighty Father, subject as we are to Your divine majesty: so that safe from every foe, we may always rejoice as we celebrate Your praise. Through Christ our LORD. Amen.

4d. Sext

O LORD, we beg for Your help and we long to hear You say, "Here I am!" Teach us to not mistreat others; to not falsely accuse them; and to not say cruel things. Encourage us share our food with the hungry and to shelter the homeless. Then will our lights shine in the dark; and then will our darkest hour be like Your noonday sun. Amen.

4e. Nones

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day and afternoon, we may, when night comes, rejoice to give you thanks; through Jesus Christ our LORD. Amen.

4f. Vespers

May this evening be holy, good and peaceful, as we pray with one heart and mind. Amen.

4g. Compline

Be present, O merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of this life may rest in your eternal changelessness; through Jesus Christ our LORD. Amen.

Through the prayers of our Holy Mothers and Fathers, LORD Jesus Christ, have mercy on us and save us. Amen.

5. SELECTED COLLECT : AND PAGE 13

5a. Matins / Lauds

Be with us, LORD, in all our doings and further us with Your continual help, that in all our works begun, continued, and ended in You, we may glorify Your holy name. Amen.

5b. Prime

O LORD, heavenly Father, almighty and everlasting God, you have safely brought us to the beginning of this day: Defend us in the same with your mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that, being ordered by your governance, we may do always what is righteous in your sight; through Jesus Christ our LORD. Amen.

5c. Terce

Grant, Almighty God, that the words which we will hear this day with our outward ears, may, through Your grace, be so grafted inwardly in our hearts, that they may bring forth in us the fruit of good living, to the honor and praise of Your Name; through Jesus Christ our LORD. Amen.

5d. Sext

Almighty Savior, who at noonday called Your servant Saint Paul to be an apostle to the Gentiles: Illumine the world with the radiance of Your glory, that all nations may come and worship You; for You live and reign for ever and ever. Amen.

5e. Nones

LORD Jesus, stay with us, for evening looms and the morning is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know You as You are revealed in Scripture and the breaking of bread. Grant this for the sake of Your love. Amen.

5f. Vespers

Almighty, everlasting God, let our prayer in Your sight be as incense, the lifting up of our hands as the evening sacrifice. Give us grace to behold You, present in Your Word and Sacraments, and to recognize You in the lives of those around us. Stir up in us the flame of that love which burned in the heart of Your Son as He bore His passion, and let it burn in us to eternal life and to the ages of ages. Amen.

5g. Compline

Keep watch, dear LORD, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, LORD Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

5h. Special Holidays

Christmas

O God, you have caused this holy night to shine with the brightness of the true Light: Grant that we, who have known the mystery of that Light on earth, may also enjoy him perfectly in heaven; where with you and the Holy Spirit he lives and reigns, one God, in glory everlasting. Amen.

Palm Sunday

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon himself our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Easter

Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Through the prayers of our Holy Mothers and Fathers, LORD Jesus Christ, have mercy on us and save us. Amen.

[Omit if you do not have access to a breviary, lectionary or missal; or simply read selections of your choice for #6.]

6. SCRIPTURE READINGS – and then the LCC Act of Faith

We believe that God is love and power and truth and light; that perfect justice rules the world; that all His children shall one day reach his feet, however far they stray. We hold the fatherhood of God, the family of humankind; we know that we do serve Him best when best we serve one another. So shall His blessing rest on us and peace for evermore. Amen.

7. SELECTED PSALMS

7a. Matins / Lauds : pages 14 - 17

Choose from Psalms 148, 149, or 150

7b. Prime : pages 18 - 33

Choose from Psalms 120 - 134

7c. Terce : pages 18 - 33

Choose from Psalms 120 - 134

7d. Sext : pages 18 - 33

Choose from Psalms 120 - 134

7e. Nones : pages 18 - 33

Choose from Psalms 120 - 134

7f. Vespers : pages 34 - 39

Choose from Psalms 48, 91, or 103

7g. Compline : pages 40 - 46

Choose from Psalms 4, 31, 91, or 134

7h. Special Holidays : pages 47 - 52

Christmas – Psalm 96

Palm Sunday – Psalm 24

Easter – Psalm 118

Glory be to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to You, O God. (THRICE)

8. THE TRISAGION PRAYERS

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE)

Glory be to the Father, and to the Son, and to the Holy Spirit both now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. LORD, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.

LORD, have mercy. (THRICE)

9. PRAYERS OF INTERCESSION : OR LITANY PAGE 53

We pray for those known to us who have need of prayer.

For...

For...

And for...

God, You made us.	<i>We exist.</i>
God, You saved us.	<i>For we had fallen.</i>
God, You called us.	<i>We are here.</i>
God, You empowered us.	<i>We can do.</i>
God, You encouraged us.	<i>We can serve.</i>
God, You sent Your prophets.	<i>We will listen. Amen.</i>

LORD, have mercy. (THRICE)

10. FINAL PRAYERS

[10a. Prayer for Peace : page 66]

10b. The Kyries for Compline Only

Into Your hands, O LORD, we commend our spirits. For You have redeemed us, O LORD God of truth. Keep us, O LORD, as the apple of Your eye; Hide us under the shadow of Your wings.

LORD, have mercy. (THRICE)

Christ, have mercy. (THRICE)

LORD, have mercy. (THRICE)

10c. The LORD'S Prayer

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For Thine is the kingdom, the power, and the glory, for ever and ever. Amen.

10d. Hail Mary

Hail Mary, full of grace, our LORD is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, our LORD Jesus Christ. O Virgin St. Mary, O Mother of God, pray for us sinners, now and at all times, and at the hour of our death. Amen.

10e. Patron Saint(s)

St. (Name), your grace has astonished the heavenly beings. Your glorious name is praised on earth among us. Your good deeds have been counted worthy by your Lord Jesus Christ, and He has revered and upheld your memory. May your prayers be a refuge to us.

10f. Lumen Hilare for Vespers Only

O gladsome Light of the holy glory of the Immortal Father, the Heavenly, the Holy, the Blessed, O Jesus Christ, having come upon the setting of the sun, having seen the light of the evening, we praise the Father, the Son, and the Holy Spirit: God. Worthy it is at all times to praise You in joyful voices, O Son of God, Giver of Life, for which the world glorifies You. Amen.

10g. Nunc Dimittis for Compline Only

Lord, now let your servant depart in peace according to your word. For my eyes have seen your salvation, which you have prepared before the face of all people; To be a light to lighten the Gentiles and to be the glory of your people Israel.

11. BLESSING

O LORD Jesus Christ, who said to Your Apostles: Peace I leave you, My peace I give to you; regard not our sins, but the faith of Your Church, and grant unto her that peace and unity which are agreeable to Your Will; Who lives and reigns for ever, one God, world without end.

LORD, have mercy (THRICE). Lord, bless.

Through the prayers of our Holy Mothers and Fathers, LORD Jesus Christ, have mercy on us and save us. Amen.

The LORD God has told us what is right and what he demands: "See that justice is done, let mercy be your first concern, and humbly obey your God."

During the Bright Season, conclude with:

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life!

(+) May the blessings of the LORD Jesus Christ, and the love of God, and the companionship of the Holy Spirit, be with everyone today and every day. Amen.

ADDITIONAL PRAYERS

Of Adoration

We adore You, O ever-living God, and render praise unto You for having spread out the heavens and established the earth. Your glory is revealed in the heavens above and Your majesty is manifested throughout the earth. You are God and no one else, and so in awe and wonder we bow our heads and magnify You, the Eternal, the Holy One, the Ever Blest. Amen.

Of Thanksgiving

O God, whose never-failing love orders all things, we praise You, we glorify You, and we thank You for all that You are and all that You do, both by day and by night. We thank You for reason and for conscience; for nurture and for guidance; for all the gifts of nature and of grace; for forbearance and long-suffering, and Your tender mercies which never fail; for all good things received, and for Your promises of hope and salvation in this time and in times to come. For all these, and for all other mercies known or unknown, remembered or forgotten, we give thanks unto You now and for evermore. Amen.

Of World Unity

Grant us, O God, a vision of our world, fair as she might be, fair as she should be: a world of justice, where none shall prey on others; a world of plenty, where vice and poverty and inequality shall cease to fester; a world of sisterhood and brotherhood, where all success shall be founded on service, and honour shall be given to nobleness alone; a world of peace, where order shall not rest on force, but on the love of all for the world, the great mother of the common life and common weal. Hear Thou the silent prayers of all our hearts as we pledge our time, strength, talent, and thought to speed the day of her coming beauty and righteousness. R./ Amen.

ADDITIONAL COLLECTS

For Family

O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the members of our families; take away the arrogance and suspicion which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. R./ Amen.

For Work

Almighty God, whose Son Jesus Christ in his earthly life shared our toil and hallowed all labor: Be present with everyone where they work; make those who carry on the industries and commerce of this world be responsive to your will; and give to all a pride in what they do, and a just return for their labor; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. R./ Amen.

For Neighborhood

O God, you have taught us to keep all your commandments by loving you and our neighbors: Grant them the grace of your Holy Spirit, that they may be devoted to you with their whole heart, and united with us in pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. R./ Amen.

For Church

Almighty God, you have built your [Old Catholic Apostolic] Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. R./ Amen.

Many of the prayers and collects have been adapted from:

<http://www.liturgies.net/Prayers/Collects.htm>

PSALMS FOR MATINS / LAUDS

Psalm 148 (CEV)

- 1 Shout praises to the LORD!
Shout the LORD's praises
in the highest heavens.
- 2 All of you angels,
and all who serve him above,
come and offer praise.
- 3 Sun and moon,
and all of you bright stars,
come and offer praise.
- 4 Highest heavens, and the water
above the highest heavens,
come and offer praise.
- 5 Let all things praise
the name of the LORD,
because they were created
at his command.
- 6 He made them to last forever,
and nothing can change
what he has done.
- 7 All creatures on earth,
you obey his commands,
so come praise the LORD!
- 8 Sea monsters and the deep sea,
fire and hail, snow and frost,
and every stormy wind,
come praise the LORD!
- 9 All mountains and hills,
fruit trees and cedars,
- 10 every wild and tame animal,
all reptiles and birds,
come praise the LORD!

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- 11 Every king and every ruler,
all nations on earth,
- 12 every man and every woman,
young people and old,
come praise the LORD!
- 13 All creation, come praise
the name of the LORD.
Praise his name alone.
The glory of God is greater
than heaven and earth.
- 14 Like a bull with mighty horns,
the LORD protects
his faithful nation Israel,
because they belong to him.
Shout praises to the LORD!

Psalm 149 (CEV)

- 1 Shout praises to the LORD!
Sing him a new song of praise
when his loyal people meet.
- 2 People of Israel, rejoice
because of your Creator.
People of Zion, celebrate
because of your King.
- 3 Praise his name by dancing
and playing music on harps
and tambourines.
- 4 The LORD is pleased
with his people,
and he gives victory
to those who are humble.
- 5 All of you faithful people,
praise our glorious LORD!
Celebrate and worship.

[Optional

- 6 *Praise God with songs
on your lips
and a sword in your hand.*
- 7 *Take revenge and punish
the nations.*
- 8 *Put chains of iron
on their kings and rulers.*
- 9 *Punish them as they deserve;
this is the privilege
of God's faithful people.
Shout praises to the LORD!]*

Psalm 150 (CEV)

- 1 Shout praises to the LORD!
Praise God in his temple.
Praise him in heaven,
his mighty fortress.
- 2 Praise our God!
His deeds are wonderful,
too marvelous to describe.
- 3 Praise God with trumpets
and all kinds of harps.
- 4 Praise him with tambourines
and dancing,
with stringed instruments
and woodwinds.
- 5 Praise God with cymbals,
with clashing cymbals.
- 6 Let every living creature
praise the LORD.
Shout praises to the LORD!

PSALMS FOR PRIME / TERCE / SEXT / NONES

Psalm 120 (CEV)

- 1 When I am in trouble, I pray,
- 2 "Come and save me, LORD,
from deceitful liars!"
- 3 What punishment is fitting
for you deceitful liars?
- 4 Your reward should be
sharp and flaming arrows!
- 5 But I must live as a foreigner
among the people of Meshech
and in the tents of Kedar.
- 6 I have spent too much time
living among people
who hate peace.
- 7 I am in favor of peace,
but when I speak of it,
all they want is war.

Psalm 121 (CEV)

- 1 I look to the hills!
Where will I find help?
- 2 It will come from the LORD,
who created heaven and earth.
- 3 The LORD is your protector,
and he won't go to sleep
or let you stumble.
- 4 The protector of Israel
doesn't doze
or ever get drowsy.
- 5 The LORD is your protector,
there at your right side
to shade you from the sun.
- 6 You won't be harmed
by the sun during the day
or by the moon at night.
- 7 The LORD will protect you
and keep you safe
from all dangers.
- 8 The LORD will protect you
now and always
wherever you go.

Psalms 122 (CEV)

- 1 It made me glad when they said,
"Let's go to the house
of the LORD!"
- 2 Jerusalem, we are standing
inside your gates.
- 3 Jerusalem, what a strong
and beautiful city you are!
- 4 Every tribe of the LORD
obeys him and comes to you
to praise his name.
- 5 David's royal throne is here
where justice rules.
- 6 Jerusalem, we pray
that you will have peace,
and that all will go well
for those who love you.
- 7 May there be peace
inside your city walls
and in your palaces.
- 8 Because of my friends
and my relatives,
I will pray for peace.
- 9 And because of the house
of the LORD our God,
I will work for your good.

Psalm 123 (CEV)

- 1 Our LORD and our God,
 I turn my eyes to you,
 on your throne in heaven.
- 2 Servants look to their master,
 but we will look to you,
 until you have mercy on us.
- 3 Please have mercy, LORD!
 We have been insulted
 more than we can stand,
- 4 and we can't take more abuse
 from those proud,
 conceited people.

Psalm 124 (CEV)

- 1 The LORD was on our side!
Let everyone in Israel say:
- 2 "The LORD was on our side!
Otherwise, the enemy attack
- 3 would have killed us all,
because it was furious.
- 4 We would have been swept away
in a violent flood
- 5 of high and roaring waves."
- 6 Let's praise the LORD!
He protected us from enemies
who were like wild animals,
- 7 and we escaped like birds
from a hunter's torn net.
- 8 The LORD made heaven and earth,
and he is the one
who sends us help.

Psalms 125 (CEV)

- 1 Everyone who trusts the LORD
is like Mount Zion
that cannot be shaken
and will stand forever.
- 2 Just as Jerusalem is protected
by mountains on every side,
the LORD protects his people
by holding them in his arms
now and forever.
- 3 He won't let the wicked
rule his people
or lead them to do wrong.
- 4 Let's ask the LORD to be kind
to everyone who is good
and completely obeys him.
- 5 When the LORD punishes
the wicked,
he will punish everyone else
who lives an evil life.
Pray for peace in Israel!

Psalm 126 (CEV)

- 1 It seemed like a dream
 when the LORD brought us back
 to the city of Zion.
- 2 We celebrated with laughter
 and joyful songs.
 In foreign nations it was said,
 "The LORD has worked miracles
 for his people."
- 3 And so we celebrated
 because the LORD had indeed
 worked miracles for us.
- 4 Our LORD, we ask you to bless
 our people again,
 and let us be like streams
 in the Southern Desert.
- 5 We cried as we went out
 to plant our seeds.
 Now let us celebrate
 as we bring in the crops.
- 6 We cried on the way
 to plant our seeds,
 but we will celebrate and shout
 as we bring in the crops.

Psalm 127 (CEV)

- 1 Without the help of the LORD
it is useless to build a home
or to guard a city.
- 2 It is useless to get up early
and stay up late
in order to earn a living.
God takes care of his own,
even while they sleep.
- 3 Children are a blessing
and a gift from the LORD.
- 4 Having a lot of children
to take care of you
in your old age
is like a warrior
with a lot of arrows.
- 5 The more you have,
the better off you will be,
because they will protect you
when your enemies
attack you in court.

Psalms 128 (CEV)

- 1 The LORD will bless you
 if you respect him
 and obey his laws.
- 2 Your fields will produce,
 and you will be happy—
 all will go well.
- 3 Your wife will be as fruitful
 as a grapevine,
 and just as an olive tree
 is rich with olives,
 your home will be rich
 with healthy children.
- 4 This is how the LORD will bless
 everyone who respects him.
- 5 I pray that the LORD
 will bless you from Zion
 and let Jerusalem prosper
 as long as you live.
- 6 May you live long enough
 to see your grandchildren.
 Let's pray for peace in Israel!

Psalm 129 (CEV)

- 1 Since the time I was young,
enemies have often attacked!
Let everyone in Israel say:
- 2 “Since the time I was young,
enemies have often attacked!
But they have not defeated me,
- 3 though my back is like a field
that has just been plowed.”
- 4 The LORD always does right,
and he has set me free
from the ropes
of those cruel people.
- 5 I pray that all who hate
the city of Zion
will be made ashamed
and forced to turn and run.
- 6 May they be like grass
on the flat roof of a house,
grass that dries up
as soon as it sprouts.
- 7 Don't let them be like wheat
gathered in bundles.
- 8 And don't let anyone
who passes by say to them,
“The LORD bless you!
I give you my blessing
in the name of the LORD.”

Psalm 130 (CEV)

- 1 From a sea of troubles
I cry out to you, LORD.
- 2 Won't you please listen
as I beg for mercy?
- 3 If you kept record of our sins,
no one could last long.
- 4 But you forgive us,
and so we will worship you.
- 5 With all my heart,
I am waiting, LORD, for you!
I trust your promises.
- 6 I wait for you more eagerly
than a soldier on guard duty
waits for the dawn.
Yes, I wait more eagerly
than a soldier on guard duty
waits for the dawn.
- 7 Israel, trust the LORD!
God is always merciful
and has the power to save you.
- 8 Israel, the LORD will save you
from all your sins.

Psalms 131 (CEV)

- 1 I am not conceited, LORD,
and I don't waste my time
on impossible schemes.
- 2 But I have learned to feel safe
and satisfied,
like a young child
in its mother's arms.
- 3 People of Israel,
you must trust the LORD
now and forever.

Psalm 132 (CEV)

- 1 Our LORD, don't forget David
and how he suffered.
- 2 Mighty God of Jacob,
remember how he promised:
- 3 "I won't go home
or crawl into bed
- 4 or close my eyelids,
- 5 until I find a home for you,
the mighty LORD God of Jacob."
- 6 When we were in Ephrath,
we heard that the sacred chest
was somewhere near Jaar.
- 7 Then we said, "Let's go
to the throne of the LORD
and worship at his feet."
- 8 Come to your new home, LORD,
you and the sacred chest
with all its power.
- 9 Let victory be like robes
for the priests;
let your faithful people
celebrate and shout.
- 10 David is your chosen one,
so don't reject him.
- 11 You made a solemn promise
to David, when you said,
"I, the LORD, promise
that someone in your family
will always be king.
- 12 If they keep our agreement
and follow my teachings,
then someone in your family

will rule forever.”

- 13 You have gladly chosen Zion
as your home, our LORD.
- 14 You said, “This is my home!
I will live here forever.
- 15 I will bless Zion with food,
and even the poor will eat
until they are full.
- 16 Victory will be like robes
for the priests,
and its faithful people
will celebrate and shout.
- 17 I will give mighty power
to the kingdom of David.
Each of my chosen kings
will shine like a lamp
- 18 and wear a sparkling crown.
But I will disgrace
their enemies.”

Psalms 133 (CEV)

- 1 It is truly wonderful
when the people of God
live together in peace.
- 2 It is as beautiful as olive oil
poured on Aaron's head
and running down his beard
and the collar of his robe.
- 3 It is like the dew
from Mount Hermon,
falling on Zion's mountains,
where the LORD has promised
to bless his people
with life forevermore.

Psalm 134 (CEV)

- 1 Everyone who serves the LORD,
come and offer praises.
Everyone who has gathered
in his temple tonight,
- 2 lift your hands in prayer
toward his holy place
and praise the LORD.
- 3 The LORD is the Creator
of heaven and earth,
and I pray that the LORD
will bless you from Zion.

PSALMS FOR VESPERS

Psalm 48 (CEV)

- 1 The Lord God is wonderful!
 He deserves all praise
 in the city where he lives.
 His holy mountain,
- 2 beautiful and majestic,
 brings joy to all on earth.
 Mount Zion, truly sacred,
 is home for the Great King.
- 3 God is there to defend it
 and has proved to be
 its protector.
- 4 Kings joined forces
 to attack the city,
- 5 but when they saw it,
 they were terrified
 and ran away.
- 6 They trembled all over
 like women giving birth
- 7 or like seagoing ships
 wrecked by eastern winds.
- 8 We had heard about it,
 and now we have seen it
 in the city of our God,
 the Lord All-Powerful.
 This is the city that God
 will let stand forever.
- 9 Our God, here in your temple
 we think about your love.
- 10 You are famous and praised
 everywhere on earth,
 as you win victories
 with your powerful arm.

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- 11 Mount Zion will celebrate,
and all Judah will be glad,
because you bring justice.
- 12 Let's walk around Zion
and count its towers.
- 13 We will see its strong walls
and visit each fortress.
Then you can say
to future generations,
- 14 "Our God is like this forever
and will always guide us."

PSALM 91 (CEV)

- 1 Live under the protection
of God Most High
and stay in the shadow
of God All-Powerful.
- 2 Then you will say to the Lord,
"You are my fortress,
my place of safety;
you are my God,
and I trust you."
- 3 The Lord will keep you safe
from secret traps
and deadly diseases.
- 4 He will spread his wings
over you
and keep you secure.
His faithfulness is like
a shield or a city wall.
- 5 You won't need to worry
about dangers at night
or arrows during the day.
- 6 And you won't fear diseases
that strike in the dark
or sudden disaster at noon.
- 7 You will not be harmed,
though thousands fall
all around you.
- 8 And with your own eyes
you will see the punishment
of the wicked.
- 9 The Lord Most High
is your fortress.
Run to him for safety,

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- 10 and no terrible disasters
 will strike you
 or your home.
- 11 God will command his angels
 to protect you
 wherever you go.
- 12 They will carry you
 in their arms,
 and you won't hurt your feet
 on the stones.
- 13 You will overpower
 the strongest lions
 and the most deadly snakes.
- 14 The Lord says, "If you love me
 and truly know who I am,
 I will rescue you
 and keep you safe.
- 15 When you are in trouble,
 call out to me.
 I will answer and be there
 to protect and honor you.
- 16 You will live a long life
 and see my saving power."

Psalm 103 (CEV)

- 1 With all my heart
I praise the LORD,
and with all that I am
I praise his holy name!
- 2 With all my heart
I praise the LORD!
I will never forget
how kind he has been.
- 3 The LORD forgives our sins,
heals us when we are sick,
- 4 and protects us from death.
His kindness and love
are a crown on our heads.
- 5 Each day that we live,
he provides for our needs
and gives us the strength
of a young eagle.
- 6 For all who are mistreated,
the LORD brings justice.
- 7 He taught his Law to Moses
and showed all Israel
what he could do.
- 8 The LORD is merciful!
He is kind and patient,
and his love never fails.
- 9 The LORD won't always be angry
and point out our sins;
- 10 he doesn't punish us
as our sins deserve.
- 11 How great is God's love for all
who worship him?
Greater than the distance
between heaven and earth!

- 12 How far has the LORD taken
 our sins from us?
 Farther than the distance
 from east to west!
- 13 Just as parents are kind
 to their children,
 the LORD is kind
 to all who worship him,
- 14 because he knows
 we are made of dust.
- 15 We humans are like grass
 or wild flowers
 that quickly bloom.
- 16 But a scorching wind blows,
 and they quickly wither
 to be forever forgotten.
- 17 The LORD is always kind
 to those who worship him,
 and he keeps his promises
 to their descendants
- 18 who faithfully obey him.
- 19 God has set up his kingdom
 in heaven, and he rules
 the whole creation.
- 20 All of you mighty angels,
 who obey God's commands,
 come and praise your LORD!
- 21 All of you thousands
 who serve and obey God,
 come and praise your LORD!
- 22 All of God's creation
 and all that he rules,
 come and praise your LORD!
 With all my heart
 I praise the LORD!

PSALMS FOR COMPLINE

Psalm 4 – Cum invocarem (CEV)

- 1 You are my God and protector.
Please answer my prayer.
I was in terrible distress,
but you set me free.
Now have pity and listen
as I pray.
- 2 How long will you people
refuse to respect me?
You love foolish things,
and you run after
what is worthless.
- 3 The LORD has chosen
everyone who is faithful
to be his very own,
and he answers my prayers.
- 4 But each of you
had better tremble
and turn from your sins.
Silently search your heart
as you lie in bed.
- 5 Offer the proper sacrifices
and trust the LORD.
- 6 There are some who ask,
“Who will be good to us?”
Let your kindness, LORD,
shine brightly on us.
- 7 You brought me more happiness
than a rich harvest
of grain and grapes.
- 8 I can lie down
and sleep soundly
because you, LORD,
will keep me safe.

Psalm 31 – In te, domine, speravi (CEV)

- 1 I come to you, LORD,
for protection.
Don't let me be ashamed.
Do as you have promised
and rescue me.
- 2 Listen to my prayer
and hurry to save me.
Be my mighty rock
and the fortress
where I am safe.
- 3 You, LORD God,
are my mighty rock
and my fortress.
Lead me and guide me,
so that your name
will be honored.
- 4 Protect me from hidden traps
and keep me safe.
- 5 You are faithful,
and I trust you
because you rescued me.
- 6 I hate the worshipers
of worthless idols,
but I trust you, LORD.
- 7 I celebrate and shout
because you are kind.
You saw all my suffering,
and you cared for me.
- 8 You kept me from the hands
of my enemies,
and you set me free.
- 9 Have pity, LORD!
I am hurting and almost blind.
My whole body aches.

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- 10 I have known only sorrow
all my life long, and I suffer
year after year.
I am weak from sin,
and my bones are limp.
- 11 My enemies insult me.
Neighbors are even worse,
and I disgust my friends.
People meet me on the street,
and they turn and run.
- 12 I am completely forgotten
like someone dead.
I am merely a broken dish.
- 13 I hear the crowds whisper,
"Everyone is afraid!"
They are plotting and scheming
to murder me.
- 14 But I trust you, LORD,
and I claim you as my God.
- 15 My life is in your hands.
Save me from enemies
who hunt me down.
- 16 Smile on me, your servant.
Have pity and rescue me.
- 17 I pray only to you.
Don't disappoint me.
Disappoint my cruel enemies
until they lie silent
in their graves.
- 18 Silence those proud liars!
Make them stop bragging
and insulting your people.
- 19 You are wonderful,
and while everyone watches,
you store up blessings for all
who honor and trust you.

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- 20 You are their shelter
 from harmful plots,
 and you are their protection
 from vicious gossip.
- 21 I will praise you, LORD,
 for showing great kindness
 when I was like a city
 under attack.
- 22 I was terrified and thought,
 “They've chased me
 far away from you!”
 But you answered my prayer
 when I shouted for help.
- 23 All who belong to the LORD,
 show how you love him.
 The LORD protects the faithful,
 but he severely punishes
 everyone who is proud.
- 24 All who trust the LORD,
 be cheerful and strong.

Psalm 91 – Qui habitat (CEV)

- 1 Live under the protection
of God Most High
and stay in the shadow
of God All-Powerful.
- 2 Then you will say to the LORD,
“You are my fortress,
my place of safety;
you are my God,
and I trust you.”
- 3 The LORD will keep you safe
from secret traps
and deadly diseases.
- 4 He will spread his wings
over you
and keep you secure.
His faithfulness is like
a shield or a city wall.
- 5 You won't need to worry
about dangers at night
or arrows during the day.
- 6 And you won't fear diseases
that strike in the dark
or sudden disaster at noon.
- 7 You will not be harmed,
though thousands fall
all around you.
- 8 And with your own eyes
you will see the punishment
of the wicked.
- 9 The LORD Most High
is your fortress.
Run to him for safety,
and no terrible disasters
will strike you
or your home.

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- 10 God will command his angels
 to protect you
 wherever you go.
- 11 They will carry you
 in their arms,
 and you won't hurt your feet
 on the stones.
- 12 You will overpower
 the strongest lions
 and the most deadly snakes.
- 13 The LORD says, "If you love me
 and truly know who I am,
 I will rescue you
 and keep you safe.
- 14 When you are in trouble,
 call out to me.
- 15 I will answer and be there
 to protect and honor you.
- 16 You will live a long life
 and see my saving power."

Psalm 134 – Ecce nunc (CEV)

- 1 Everyone who serves the LORD,
 come and offer praises.
- 2 Everyone who has gathered
 in his temple tonight,
 lift your hands in prayer
 toward his holy place
 and praise the LORD.
- 3 The LORD is the Creator
 of heaven and earth,
 and I pray that the LORD
 will bless you from Zion.

PSALM FOR CHRISTMAS

Psalm 96 (CEV)

- 1 Sing a new song to the Lord!
Everyone on this earth,
sing praises to the Lord,
- 2 sing and praise his name.
Day after day announce,
"The Lord has saved us!"
- 3 Tell every nation on earth,
"The Lord is wonderful
and does marvelous things!
- 4 The Lord is great and deserves
our greatest praise!
He is the only God
worthy of our worship.
- 5 Other nations worship idols,
but the Lord created
the heavens.
- 6 Give honor and praise
to the Lord,
whose power and beauty
fill his holy temple."
- 7 Tell everyone of every nation,
"Praise the glorious power
of the Lord.
- 8 He is wonderful! Praise him
and bring an offering
into his temple.
- 9 Everyone on earth, now tremble
and worship the Lord,
majestic and holy."
- 10 Announce to the nations,
"The Lord is King!
The world stands firm,
never to be shaken,

and he will judge its people
with fairness.”

- 11 Tell the heavens and the earth
to be glad and celebrate!
Command the ocean to roar
with all its creatures
- 12 and the fields to rejoice
with all their crops.
Then every tree in the forest
will sing joyful songs
- 13 to the Lord.
He is coming to judge
all people on earth
with fairness and truth.

PSALM FOR PALM SUNDAY

Psalms 24 (CEV)

- 1 The earth and everything on it,
 including its people,
 belong to the Lord.
 The world and its people
 belong to him.
- 2 The Lord placed it all
 on the oceans and rivers.
- 3 Who may climb the Lord's hill
 or stand in his holy temple?
- 4 Only those who do right
 for the right reasons,
 and don't worship idols
 or tell lies under oath.
- 5 The Lord God, who saves them,
 will bless and reward them,
- 6 because they worship and serve
 the God of Jacob.
- 7 Open the ancient gates,
 so that the glorious king
 may come in.
- 8 Who is this glorious king?
 He is our Lord, a strong
 and mighty warrior.
- 9 Open the ancient gates,
 so that the glorious king
 may come in.
- 10 Who is this glorious king?
 He is our Lord,
 the All-Powerful!

PSALM FOR EASTER

Psalm 118 (CEV)

- 1 Tell the Lord
how thankful you are,
because he is kind
and always merciful.
- 2 Let Israel shout,
"God is always merciful!"
- 3 Let the family of Aaron
the priest shout,
"God is always merciful!"
- 4 Let every true worshiper
of the Lord shout,
"God is always merciful!"
- 5 When I was really hurting,
I prayed to the Lord.
He answered my prayer,
and took my worries away.
- 6 The Lord is on my side,
and I am not afraid
of what others can do to me.
- 7 With the Lord on my side,
I will defeat
my hateful enemies.
- 8 It is better to trust the Lord
for protection
than to trust anyone else,
- 9 including strong leaders.
- 10 Nations surrounded me,
but I got rid of them
by the power of the Lord.
- 11 They attacked from all sides,
but I got rid of them
by the power of the Lord.

- 12 They swarmed around like bees,
but by the power of the Lord,
I got rid of them
and their fiery sting.
- 13 Their attacks were so fierce
that I nearly fell,
but the Lord helped me.
- 14 My power and my strength
come from the Lord,
and he has saved me.
- 15 From the tents of God's people
come shouts of victory:
"The Lord is powerful!"
- 16 With his mighty arm
the Lord wins victories!
The Lord is powerful!"
- 17 And so my life is safe,
and I will live to tell
what the Lord has done.
- 18 He punished me terribly,
but he did not let death
lay its hands on me.
- 19 Open the gates of justice!
I will enter and tell the Lord
how thankful I am.
- 20 Here is the gate of the Lord!
Everyone who does right
may enter this gate.
- 21 I praise the Lord
for answering my prayers
and saving me.
- 22 The stone that the builders
tossed aside
has now become
the most important stone.

- 23 The Lord has done this,
 and it is amazing to us.
- 24 This day belongs to the Lord!
 Let's celebrate
 and be glad today.
- 25 We'll ask the Lord to save us!
 We'll sincerely ask the Lord
 to let us win.
- 26 God bless the one who comes
 in the name of the Lord!
 We praise you from here
 in the house of the Lord.
- 27 The Lord is our God,
 and he has given us light!
 Start the celebration!
 March with palm branches
 all the way to the altar.
- 28 The Lord is my God!
 I will praise him and tell him
 how thankful I am.
- 29 Tell the Lord
 how thankful you are,
 because he is kind
 and always merciful.

THE GREAT LITANY OF ST. BASIL

Leader: In peace let us pray to the Lord.

People: Lord, have mercy.

Leader: For the peace of God and the salvation of our souls, let us pray to the Lord.

People: Lord, have mercy.

Leader: For peace in the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

People: Lord, have mercy.

Leader: For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

People: Lord, have mercy.

Leader: For our Archbishop (Name), our Bishop (Name), the honorable presbyters, the Leaders in the service of Christ, and all the clergy and laity, let us pray to the Lord.

People: Lord, have mercy.

Leader: For our country, the president, and all those in public service, let us pray to the Lord.

People: Lord, have mercy.

Leader: For this parish and city, for every city and town, and for the faithful who live in them, let us pray to the Lord.

People: Lord, have mercy.

Leader: For favorable weather, an abundance of the fruits of the earth, and temperate seasons, let us pray to the Lord.

People: Lord, have mercy.

Leader: For travelers by land, sea, and air, for the sick, the suffering, the captives, and for their salvation, let us pray to the Lord.

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People: Lord, have mercy.

Leader: For our deliverance from all affliction, wrath, danger, and distress, let us pray to the Lord.

People: Lord, have mercy.

Leader: Help us, save us, have mercy upon us, and protect us, O God, by Your grace.

People: Lord, have mercy.

Leader: Remembering our most holy, pure, blessed, and glorious Lady, the Theotokos and Ever-virgin Mary, with all the saints, let us commit ourselves and one another and our whole life to Christ our God.

People: To You, O Lord.

Leader: Lord, our God, whose power is beyond compare, and glory is beyond understanding; whose mercy is boundless, and love for us is ineffable; look upon us and upon this holy house in Your compassion. Grant to us and to those who pray with us Your abundant mercy. For to You belong all glory, honor, and worship to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

People: Amen.

Liberal Catholic Eastern Rite Typika

Words to be said are in this style:

All: say these words.

Instructions are in italics.

The Leader and servers process into the church.

The Great Collect

Leader: Blessed is the Kingdom of God the Creator, (+) of the Redeemer, and the Sanctifier, now and forever.

All: Amen.

Leader: In peace, let us pray to God Almighty, Kyrie eleison.

All: Kyrie eleison.

Leader: For this Holy Temple and for all who enter, Christe eleison.

All: Christe eleison.

Leader: For the peace of the whole world; for the good estate of the Holy Church, and for the unity of the faithful, Kyrie eleison.

All: Kyrie eleison.

Leader: Calling to mind our LADY, all Holy, immaculate and ever-blessed Virgin Mary, with all the saints, let us commend ourselves, and one another, and all our lives to the fruit of Her womb, Jesus Christ.

All: Praise be to you, O Christ.

Leader: For unto You do we ascribe all glory, honour and worship; to God the Creator, the Redeemer (+) and the Sanctifier, both now and forever.

All: Amen.

Leader: You who have granted us to pray together in harmony, and Who promised that when two or three are gathered together to call upon Your Name, You will give us what we ask; grant us what we seek, so far as is good, granting us in this world the knowledge of Your truth, and in the world to come eternal life. To You do we ascribe all glory, honour and worship, God the Creator, (+) the Redeemer, and the Sanctifier, both now and forever.

All: Amen.

Psalm 102 (103)

Recited by the Leader from any agreed upon translation.

BLESS THE LORD, O my Soul. May all that is in me bless His holy Name. Bless the LORD, O my Soul, and forget not all the gifts from Him,

Who pardons all your sins and heals all your diseases; Who ransoms your life from corruption and crowns you with love and mercies;

Who fills your longing with what is good, and your youth is renewed like the eagle's. The LORD performs deeds of kindness and vindication for all the oppressed.

He has made known His ways to Moses, and His will to Israel's children. The LORD is the One of compassion and pity, long-sufferance, and manifold love.

His contention is not forever, nor shall His anger always last. He deals not with us as our sins demand, nor does He repay our evil deeds.

For as high as the heavens stand over the earth, so high does the LORD's mercy extend for those who fear Him. As far as the East stands away from the West, so far has He put our sins from us.

As kind as a **parent** is to **their** children, so kind is the LORD for those who fear Him. For He Himself knows well how we were formed: He remembers we are only dust!

A **human! Their** days resemble grass: as a flower of the field, so shall **they** bloom, but let a breeze pass over **them** and **they** are gone, and never shall **they** know **their** place again.

But the mercy of the LORD is from all eternity and to all eternity for those who fear Him, and his justice is upon the children of children of those who keep His covenant and remember His laws to obey them.

The LORD has established His throne in Heaven: over all things His kingship is supreme. Bless the LORD, all You His Angels, You Strong and Mighty Ones who obey His word on hearing the sound of His decrees.

Bless the LORD, all You His Powers, His Attendants who obey His will. Bless the LORD, all You His Works, in every place of His dominion.

Bless the LORD, O my Soul.

All: Glory be to the (+) Father and to the Son and to the Holy Spirit.
Now and always and forever and ever. Amen.

Psalm 145 (146)

Recited by the Leader from any agreed upon translation.

PRAISE THE LORD, O my Soul! I will praise the LORD as long as I live: I will sing to my God as long as I last.

Trust not in princes, nor in the **children** of men in whom there is no salvation. **Their** breath shall be spent, and **they** shall return to the earth; on that day shall perish all the things that **they** planned.

Happy the **one** whose help is the God of Jacob, whose hope is in the LORD his God: the One who made Heaven and earth, the sea and all things therein.

Who keeps the truth forever, rendering judgment for the oppressed, and giving food to the hungry.

The LORD releases the captives; the LORD gives wisdom to the blind. The LORD lifts up those who have fallen; the LORD loves the upright.

The LORD protects the strangers, and He will support the orphan and the widow, but the way of the wicked He will utterly destroy. The LORD will reign forever, your God, O Sion, from generation to generation!

All: Glory be to the (+) Father and to the Son and to the Holy Spirit.
Now and always and forever and ever. Amen.

The Beatitudes (Luke 6)

All: Remember us, O LORD, when you enter into your kingdom.

Leader: Then He lifted up His eyes toward His disciples, and said:

Blessed are you poor, For yours is the kingdom of God.

Blessed are you who hunger now, For you shall be filled.

Blessed are you who weep now, For you shall laugh.

Blessed are you when men hate you, And when they exclude you, And revile you, and cast out your name as evil, For the Son of Man's sake.

Rejoice in that day and leap for joy! For indeed your reward is great in heaven, For in like manner their fathers did to the prophets.

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All: Glory be to the (+) Father and to the Son and to the Holy Spirit.
Now and always and forever and ever. Amen.

Remember us, LORD, when you enter into your kingdom.

Remember us, O Master, when you enter into your kingdom.

Remember us, Holy One, when you enter into your kingdom.

The Antiphon

Leader: It is good to give thanks to our God, the Creator of heaven and earth:

All: Through the intercessions of Our LADY Mary, hear our prayer;

Leader: To show us Your loving kindness in the morning, and Your truth throughout the night:

All: Through the intercessions of Our LADY Mary, hear our prayer;

Leader: To proclaim that God Almighty is great! To sing Your praises for ever:

All: Through the intercessions of Our LADY Mary, hear our prayer.

The Collects

Leader: Only begotten Son and Word of God, who is immortal, Who was incarnate of the Holy LADY Mary, and was made man; was crucified and ascended to heaven, who reigns with the unity of God our Creator and the Sanctifier; preserve us.

All: Amen.

Leader: O Protector of Christians, our LADY and our boast unashamed; mediator unwearied in prayer at the foot of the Throne of God; hear our voices raised in praise and prayer. Holy Mother, intercede for us your children, for Your protection never fails those that honour You.

All: Amen.

Leader: And holy are You O God, our heavenly Creator and to You we ascribe all honour and glory through Jesus Christ.

All: Amen.

The Trisagion

All: Holy are You O God; reveal Your wisdom in us. Holy are You O God; pour down your strength upon us. Holy are you O Immortal one; unveil Your beauty to us.

The Prayer of the Faithful

Leader: Let us say with all our soul, and with all our mind: God hear our prayer.

All: God, hear our prayer.

Leader: We pray for (Name), our presiding Bishop, and for all bishops, priests, deacons, minor orders, and for all our brothers and sisters in Christ.

All: God, hear our prayer.

Leader: We pray for (Name) our Monarch (or name of President etc), and for all put under them them by elected or appointed authority.

All: God, hear our prayer.

Leader: We pray for those who are in trouble, sorrow, need, sickness or any other adversity.

All: God, hear our prayer.

Leader: We pray for those who have departed this life, that they may ever enjoy your Presence.

All: God, hear our prayer.

Leader: We pray for those your servants that serve at your Altar, and they that do the work of your Holy Church.

All: God, hear our prayer.

Leader: That being ever protected by Your power, we may render glory to You; to God the Creator, (+) the Redeemer, and the Sanctifier, both now and for ever.

All: Amen.

The Scripture Readings

Leader: Let every breath praise the LORD! Praise God in the sanctuary! Praise God in the mighty firmament! Let every breath praise the LORD!

After the Gospel, the Creed:

The Creed

All: We place our trust in God, the holy and all glorious Trinity, which dwells in the spirit of human kind. We place our trust in Jesus Christ the first among many, who leads us to the glory of God Almighty, and is the Way, the Truth and the Life. We place our trust in the Law of Good which rules the world; we strive towards the ancient narrow path that leads to life eternal; we know that we serve God best when best we serve our fellow brothers and sisters. So MAY God's blessing rest on us (+) and peace for ever more. Amen.

The LORD'S Prayer

All: Almighty God, who art in heaven, holy is Your name, Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. For Yours is the Kingdom the power and the glory for ever and ever. Amen.

Psalm 33 (34)

Recited by the Leader from any agreed upon translation.

I WILL bless the LORD at all times; His praise shall be ever on my lips. My soul shall glory in the LORD; the humble shall hear and be glad.

Glorify the LORD with me; let us together exalt His Name. I sought the LORD, and He answered me and delivered me from all my fears.

Look to Him and be radiant, and your faces shall never be shamed. This poor **one** cried out, and the LORD heard **them**, and saved **them** from all distress.

The Angel of the LORD encamps around those who fear Him, to rescue them. Taste and see how good the LORD is; blessed is the **one** who hopes in Him.

Fear the LORD, all You, His holy Ones, for they lack nothing who fear Him. The rich grow poor and hungry; but those who seek the LORD lack no blessing.

Come, children, hear me, that I may teach you the fear of the LORD. Who are they who long for life, and many days, to enjoy prosperity?

Keep your tongue from evil and your lips from speaking deceit; turn away from evil, and do good; seek peace, and pursue it.

The eyes of the LORD are turned to the just, and His ears to their prayer; but the LORD sets His face against the wicked, to erase their memory from the earth.

The just cried out, and the LORD heard them, and rescued them from all their distress. The LORD is close to the broken-hearted; and the contrite in spirit He will save.

Many are the trials of the just, but from them all the LORD will deliver them; He keeps guard over all their bones; not one of their bones shall be broken.

Evil brings death to the wicked, and those who hate what is right will be condemned. But the LORD redeems the souls of His servants. Those who hope in Him shall not be condemned.

All: Glory be to the (+) Father and to the Son and to the Holy Spirit.
Now and always and forever and ever. Amen.

Patron Saint(s)

Leader: St. (Name), your grace has astonished the heavenly beings. Your glorious name is praised on earth among us. Your good deeds have been counted worthy by your Lord Jesus Christ, and He has revered and upheld your memory. May your prayers be a refuge to us.

The Final Blessing

Leader: O LORD Jesus Christ, who said to Your Apostles: Peace I leave you, My peace I give to you; regard not our sins, but the faith of Your Church, and grant unto her that peace and unity which are agreeable to Your Will; Who lives and reigns for ever, one God, world without end.

The LORD God has told us what is right and what he demands: "See that justice is done, let mercy be your first concern, and humbly obey your God."

MAY Christ our Saviour and Redeemer, through the intercession of His holy and all glorious Mother, bless us and keep us. And MAY the Blessing of God the Creator, (+) Jesus Christ the Redeemer, and the Holy Spirit our Sanctifier, be among us and remain with us always.

All: Amen.

Informal Communion Compiled from the Gospel of Mark (Ch 14) and the Didache

Let us lift up our hearts.

All: We lift them up unto the LORD.

Let us give thanks unto the LORD .

All: It is meet and right so to do.

The Leader continues:

O THOU who art, LORD God, Father Almighty, adorable; it is meet and right, and due to the majesty of thy holiness, that we should praise thee, bless thee, worship thee, give thanks unto thee, glorify thee, the only true God; and offer unto thee, with contrite hearts and a spirit of humility, this our reasonable service.

Having received ordinances of salvation from thy son Jesus, he also left to us memorials of his saving sufferings in this rite which we are now about to celebrate according to his commands.

- 1 It was [then] two days before Passover and the Festival of Thin Bread. The chief priests and the teachers of the Law of Moses were planning how they could sneak around and have Jesus arrested and put to death.
- 2 They were saying, "We must not do it during the festival, because the people will riot."
- 10 Judas Iscariot was one of the twelve disciples. He went to the chief priests and offered to help them arrest Jesus.
- 11 They were glad to hear this, and they promised to pay him. So Judas started looking for a good chance to betray Jesus.
- 12 It was the first day of the Festival of Thin Bread, and the Passover lambs were being killed. Jesus' disciples asked him, "Where do you want us to prepare the Passover meal?"
- 13 Jesus said to two of the disciples, "Go into the city, where you will meet a man carrying a jar of water. Follow him,
- 14 and when he goes into a house, say to the owner, 'Our teacher wants to know if you have a room where he can eat the Passover meal with his disciples.'
- 15 The owner will take you upstairs and show you a large room furnished and ready for you to use. Prepare the meal there."

- 16 The two disciples went into the city and found everything just as Jesus had told them. So they prepared the Passover meal.
- 17 While Jesus and the twelve disciples were eating together that evening, he said,
- 18 “The one who will betray me is now eating with me.”
- 19 This made the disciples sad, and one after another they said to Jesus, “You surely don't mean me!”
- 20 He answered, “It is one of you twelve men who is eating from this dish with me.
- 21 The Son of Man will die, just as the Scriptures say. But it is going to be terrible for the one who betrays me. That man would be better off if he had never been born.”
- 22 During the meal Jesus took some bread in his hands. He blessed the bread and broke it. Then he gave it to his disciples and said, “Take this. It is my body.”

All: We thank you, our Father, for the life and knowledge which you have revealed through Jesus, your Son. To you be glory forever.

As this piece of bread was scattered over the hills and then was brought together and made one, so let your Church be brought together from the ends of the earth into your Kingdom. For yours is the glory and the power through Jesus Christ forever.

(Juice or wine may be poured into the chalice, if not already.)

- 23 Jesus picked up a cup of wine and gave thanks to God. He gave it to his disciples, and they all drank some.
- 24 Then he said, “This is my blood, which is poured out for many people, and with it God makes his agreement.
- 25 From now on I will not drink any wine, until I drink new wine in God's kingdom.”
- 26 Then they sang a hymn and went out to the Mount of Olives.
- 27 Jesus said to his disciples, “All of you will reject me, as the Scriptures say,
- ‘I will strike down
the shepherd,
and the sheep
will be scattered.’
- 28 But after I am raised to life, I will go ahead of you to Galilee.”

All: We thank you, our Father, for the holy vine of David, your servant, which you have revealed through Jesus, your Son. To you be glory forever.

Let us proclaim the Mystery of Faith.

All: Christ has died.
Christ has risen.
Christ will come again.

[Advent through Maundy Thursday, the following shall be used.

All. When we eat this Bread
And drink this Cup,
We proclaim Your death,
LORD Jesus,
Until You come in glory.]

Holy things to those that are holy!

(+) R/. God, be merciful
to me, a sinner!

The Bread of Communion, broken and shared for us.

R/. Blessed be God!

The Wine of Communion, poured out and shared for us.

R/. Blessed be God!

The Communion is shared with each congregant.

We thank you, holy Father, for your sacred name which you have lodged in our hearts, and for the knowledge and faith and immortality which you have revealed through Jesus, your Son.

All: To you be glory forever.

Almighty Master, you have created everything for the sake of your name, and have given people food and drink to enjoy that they may thank you. But to us you have given spiritual food and drink and eternal life through Jesus, your Son. Above all, we thank you that you are mighty.

All: To you be glory forever.

Remember, LORD, your Church, to save it from all evil and to make it perfect by your love. Make it holy, and gather it together from the four winds into your Kingdom which you have made ready for it.

All: For yours is the power and the glory forever.

Let grace come and let this world pass away. Hosanna to the God of David! If anyone is holy, let them come. If not, let them repent.

All: Our LORD, come!

The Leader may recite the added Marian Supplication:

O most Blessed Mary, the light of our darkened souls, our hope, our protection, our refuge, our rest, and our joy: We thank You, for having permitted us to partake of the communion established by Your Son. Give the light of understanding to the eyes of our hearts, You that gave birth to the True Light. Enliven us who are deadened by sin, You that gave birth to the Fountain of Immortality. Have mercy on us, O loving Mother of the merciful God. Grant us compunction and contrition of heart, humility in our thoughts, and a release from the slavery of our own unreasonableness. And enable us, even to the last breath, to receive healing of our souls and bodies. Grant us repentance and confession, that we may glorify You all the days of our lives, for You are blessed and greatly glorified forever.

All: Amen.

This last sentence should be said in the multiple languages of those gathered:

All: We are worthy. All are worthy. Christ is with us.

<http://www.saintgregoryoutreach.org/>

PRAYER FOR PEACE

**This optional prayer can be adapted for the sake of any war-torn land.
(St. Gregory of Palamas Outreach)**

God ever and forever save His home in (*). Prayers to the Father, the Son, and the Holy Spirit ever and forever rise from (*), from her heavy hearts, from her spiked rivers, from her blood-saturated soil, where, of her faithful, many receive the crown of martyrdom.

God ever and forever protect His holy remnant in (*), standing watch over the relics of His holy martyrs. Prayers to the Father, the Son, and the Holy Spirit ever and forever rise from (*), from her altars and cells, her huts and coops, her wells and sheds, where her faithful stand for charity and fellowship, as hoards of enemies slander them.

God ever and forever bless His heavenly kingdom in (*). Prayers to the Father, the Son, and the Holy Spirit ever and forever rise from (*), from her hymns and saints, her monastics and hierarchs, all her children in all her cities, where all the hosts of heaven and the Most Holy Mother of God embrace her in righteous renewal.

Amen.

<http://www.liturgies.net/Prayers/Orthodox/orthodoxrosary.htm>

AN ORTHODOX ROSARY

Although the Rosary is associated with Catholics, it is believed by some Orthodox to be originally an Orthodox form of prayer that fell out of common practice in the East, but was adopted by the West. Some trace it to the eighth century. One form of it comes from St. Seraphim of Sarov (1754-1833). There are 15 meditations, each accompanied by 10 Hail Mary's (Eastern version, as below), followed by the Lord's Prayer and the Jesus Prayer. The prayers given with the meditations below are those of St. Seraphim of Sarov, as reported by one of his spiritual sons. For those who wish to give it an opening and a closing, as is done in the West, it can be begun with the Sign of the Cross, the Lord's Prayer, three Trisagions and a Glory Be. And can close with "It is truly meet to call thee blessed" in place of the "Salve Regina." These have been incorporated below.

Opening

+ In the name of the Father and of the Son and of the Holy Spirit. Amen.

Our Father....

Holy God,
Holy and Mighty,
Holy Immortal One,
Have Mercy on Us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages.

Meditation 1- The Birth of the Theotokos

("Let us remember the birth of the Mother of God. Let us pray for mothers, fathers, and children.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 2- The Presentation of the Theotokos

("Let us remember the Presentation of the Blessed Virgin and Mother of God. Let us pray for

those who have lost their way and fallen away from the church.”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 3- The Annunciation of the Lord's Birth

(“Let us remember the Annunciation of the Blessed Mother of God-let us pray for the soothing of sorrows and the consolation of those who grieve.”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 4- The Meeting of the Theotokos and St. Elizabeth

(“Let us remember the meeting of the Blessed Virgin with the righteous Elizabeth. Let us pray for the reunion of the separated, for those whose dear ones or children are living away from them or missing.”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 5- The Birth of the Lord

(“Let us remember the Birth of Christ. Let us pray for the rebirth of souls, for new life in Christ.”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 6- The Prophecy of St. Simeon

("Let us remember the Feast of the Purification of the Lord, and the words uttered by St. Simeon: Yea, a sword shall pierce through thy own soul also (Luke 2:35). Let us pray that the Mother of God will meet our souls at the hour of our death, and will contrive that we receive the Holy Sacrament with our last breath, and will lead our souls through the terrible torments.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 7- The Flight into Egypt

("Let us remember the flight of the Mother of God with the God-Child into Egypt. Let us pray that the Mother of God will help us avoid temptation in this life and deliver us from misfortunes.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 8- The Boy-Christ among the Doctors

("Let us remember the disappearance of the twelve-year old boy Jesus in Jerusalem and the sorrow of the Mother of God on this account. Let us pray, begging the Mother of God for the constant repetition of the Jesus Prayer.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

OCAC – USA - AOCA – Divine Office

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 9- The Wedding of Cana

("Let us remember-the miracle performed in Cana of Galilee, when the Lord turned water into wine at the words of the Mother of God: They have no wine (John 2:3). Let us ask the Mother of God for help in our affairs and deliverance from need.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 10- The Crucifixion of the Lord

("Let us remember the Mother of God standing at the Cross of the Lord, when grief pierced through her heart like a sword. Let us pray to the Mother of God for the strengthening of our Souls and the banishment of despondency.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 11- The Resurrection of the Lord

("Let us remember the Resurrection of Christ and ask the Mother of God in prayer to resurrect our souls and give us a new courage for spiritual feats.")

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 12- The Ascension of the Lord into Heaven

("Let us remember the Ascension of Christ, at which the Mother of God was present. Let us

pray and ask the Queen of Heaven to raise up our souls from earthly and worldly amusements and direct them to striving for higher things.”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 13- Pentecost

(“Let us remember the Upper Room and the descent of the Holy Spirit on the Apostles and the Mother of God. Let us pray: Create in me a clean heart, O God; and renew a right spirit within me. Cast me not away from thy presence; and take not thy holy spirit from me (Psalm 51).”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 14- The Dormition of the Virgin Theotokos

(“Let us remember the Assumption of the Blessed Mother of God, and ask for a peaceful and serene end.”)

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Meditation 15- The Crowning of the Theotokos by the Blessed Trinity

(“Let us remember the glory of the Mother of God, with which the Lord crowned her after her removal from earth to heaven. Let us pray to the Queen of Heaven not to abandon the faithful who are on earth but to defend them from every evil, covering them with her honoring and protecting veil.”)

OCAC – USA - AOCA – Divine Office

Mother of God and Virgin, hail, Mary full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, for thou hast given birth to the Saviour of our souls. (10x)

Our Father...

Lord Jesus Christ, Son of God, have mercy on me, the sinner.

Closing

It is truly meet to bless you, O Theotokos, ever-blessed and most pure, and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without defilement you gave birth to God the Word. True Theotokos we magnify you!

Document History

Numb.	DDMMYYYY	Description
001	29/05/2025	Compiled from the existing Office.
002	15/06/2025	LCC/LCCI derived Typika added.
003	17/06/2025	Added the peace prayer from the St. Gregory Outreach.
004	12/07/2025	Added the Orthodox Rosary.